



ARTS PLUS

PAL at Home

Preschool Art Lab activities for families to make together

“Crumpled Sketchbook”

This activity is appropriate for ages 3 and up

Time from start to finish = 30 – 45 minutes

You will need the following materials:

- 6 sheets of white paper (thick)
- Watercolor
- Paintbrushes
- Hole punch
- Yarn/ribbon

Brief project description:

Create your very own sketchbook with a lot of texture and personality. This activity pairs well with the book *Ish* by Peter H. Reynolds.

Steps

- **#1:** Take a piece of paper and crumple it up gently. Spread it out and crumple it up again. Repeat this process about 6 times. As your paper is crumpled, it gets softer so be careful not to tear it. However, if you do tear it, no worries! The small rips only add character to your project. Continue the crumpling process for each piece of paper (about 6 times per sheet) and on the last pass leave each sheet crumpled up.
- **#2:** Now it's time to paint. Add watercolor to your balled-up, crumpled sheets of paper. The paint will spread around the creases and wrinkles that were created in the crumpling process. Spread splotches of paint around the balled up sheets, but do not wet your paper too much! Once you have finished all six sheets, flatten them slightly and set them aside to dry.



- **#3:** Once your paper is completely dry, completely flatten out each sheet and stack them up neatly. Punch 3 holes going down the left side of your paper stack, as if you were going to put them in a three ring binder.



- **#4:** Threading through the punched holes, use your yarn or ribbon to tie your pages together to form a sketchbook.

- **#5:** You now have a completed, unique sketchbook, ready for drawing or coloring! Draw whatever you like inside, or perhaps decorate the cover with more paint or collage!



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