



ARTS PLUS

Painted Paper Portraits

A fun Saturday workshop for adults

General Project Description

Time from start to finish = 4 – 6 hours (or longer if you make a more complicated image)

You will need the following materials:

- **One sheet of heavy paper**, about 9" X 12" or larger (watercolor paper is great, but you can work on anything, even card stock or cardboard will do in a pinch)
- **Paper for collage** (a good variety of lightweight paper you have around the house, including old magazine or book pages)
- **Paint** (acrylic is good, but you can work with whatever you have, including watercolor, tempera, poster paint, gouache, etc.)
- **Crayons, markers, or highlighter pens**
- **Paint brushes**
- **Jar for water**
- **Pencil**
- **Mirror** (or you can use the camera function on your laptop or tablet)
- **Sharpie** or other heavy permanent black marker.
- **Glue** (regular white glue or glue sticks)
- **Clean scrap paper**, computer paper or newsprint is good
- **Scissors** and an exacto knife if you have it



Our first Art At Home Workshop for Adults, “Painted Paper Portraits” is designed to be a fun (and hopefully relaxing!) dip into color, collage, drawing, and design. For those feeling burned out on computer screens, this is a very analog, hands-on art project, so expect to spend a lot of time working carefully with your hands and eyes, and don’t be afraid to get a little paint on your smock! The first part of the project, making the painted paper, is quite open, active and carefree. The second part, drawing your portrait in line, is much more quiet and “Zen” in nature. And the third and final part, collaging mosaic-style with painted paper, is slow and somewhat methodical, like putting together a jigsaw puzzle, but provides its own kind of pleasure for those who like getting absorbed in a task and leaving the cares of the world behind. We suggest that you read through all the instruction sheets first before you start the project, then clear a nice open space for your work, like a large desk or kitchen table, and dive in. Above all else, DON’T TAKE IT TOO SERIOUSLY, be willing to break the rules and take this project in your own unique direction! (After all, that’s where the magic of a creative studio practice really happens...) We want this project to be your little island of sanity in a big sea of crazy.

Happy Making!



My workspace in my home studio. It’s good to give yourself a designated space, like a desk or kitchen table, to work on “Painted Paper Portraits”, as it will involve spreading out and using lots of small bits of collage material.