



ARTS PLUS

PAL at Home

Preschool Art Lab activities for families to make together

“Marker Foam Prints”

This activity is appropriate for ages 3 and up

Time from start to finish = 15 - 30 minutes

You will need the following materials:

- Washable markers
- Disposable foam plates
- Spray bottle with water
- Paper
- Scissors
- Paper towels
- Ballpoint pen



Brief project description:

Create monoprints (one-of-a-kind impressions) with markers and disposable foam plates!

Steps

- **#1:** Cut your foam plate into smaller pieces. You may want to cut off the raised edges on the side of the plate and just work with the flat center.
- **#2:** Draw a design on your foam plate using a ballpoint pen. Press down firmly to make deep indentions in the plate surface. This design can be as simple or as complex as you like. Avoid writing text though, as the words will appear backwards on your final print.
- **#3:** Color your foam plate design using a variety of washable, water-based markers.
- **#4:** Dampen your paper by spraying it with lightly water. Use a paper towel to blot the excess water from your paper before you make your print.
- **#5:** Press your foam plate design on your damp paper. Apply even pressure on the back of the plate, smoothing the entire surface with our hand. When you pull the plate away it will reveal a colorful print of your design. (The white lines in your design are where you made indentions in the foam plate with the ballpoint pen!)
- **#6:** Try printing multiple plate images on top of one another, layering the designs on the same sheet of paper.

Share your “PAL at Home” projects on social media with the hashtag: #artsplusathome